

Meet the Staff



DIRECTOR OF TENNIS

Adrian Games has a wealth of teaching & playing experience. He has taught & trained all over the country (including the renowned Nick Bollettieri & Dennis Van der Meer Tennis Academies) working with many world ranked adult & junior players. He has trained adults of all levels, jr State Champions & Division I College players. He is a **USPTA P-1 & PTR Professional**, former **USPTA Intermountain President**, **Past National USPTA Executive Board member & the 2007 USPTA Intermountain Pro of the Year!**

HEAD PRO

Art Quinn USPTA P-1 joins us with 19 years of teaching experience. He attended Cherry Creek HS & the University of Redlands in California, where he contributed to two championship teams. Art is currently the Varsity Boys Tennis Coach at Cherry Creek HS & has spent 15 years as co-director of the successful Worthy to Win Performance Training Academy in Cherry Hills, CO.

JR COORDINATOR

Eamonn McNaughton's coaching career began in high school at the New Rochelle Racquet Club in New York City. He fondly remembers these years teaching at local country clubs helping children with their technique. After HS he attended the Bollettieri Tennis Academy where he trained & refined his skills as a professional coach. From there, Eamonn continued his coaching at the Boca Racquet Club, Largo Rec Center & privately in New York, California & Colorado.

TENNIS PROFESSIONALS

Dr Adolfo Games, originally from Argentina, has multiple tennis certifications including USPTA, PTR & NTA. A former High School tennis coach & Head Pro of RINC in Nederland CO.

Trung Nguyun, joins the Meadows Staff & brings extensive teaching experience to the program. We are excited to have him on board for our junior program classes. Hopefully we can get him out there in more programs.



presents

ADULT Program Schedule

2011/12

WINTER/SPRING

Nov - May

Private Tennis Lessons (indoor price/outdoor price)

	Director of Tennis		Head Pro		Jr Coordinator		Tennis Professionals	
	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor
1 Hr:	\$70	\$75	\$65	\$70	\$55	\$60	\$50	\$55
½ Hr:	\$35	\$40	\$35	\$40	\$30	\$35	\$25	\$30
Semi:	\$35/ea	\$40/ea	\$35/ea	\$40/ea	\$30/ea.	\$35/ea	\$25/ea.	\$30/ea
3 & Pro:	\$30/ea	\$34/ea	\$30/ea	\$34/ea	\$25/ea	\$29/ea	\$20/ea.	\$24/ea
4+ & Pro:	\$25/ea	\$28/ea	\$25/ea	\$28/ea	\$20/ea	\$23/ea	\$15/ea.	\$18/ea

Team Practices

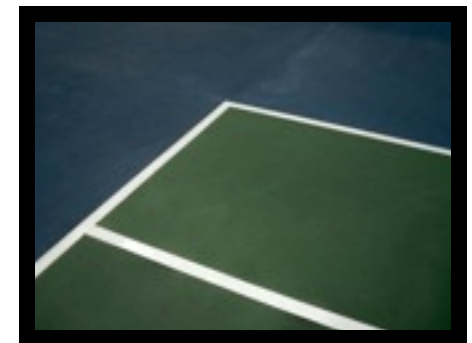
Get a group the size of your liking; then learn as a group! Transition your game week to week and learn great tactics, strategies and techniques.

\$135/group
(divide the price by # of attendees)

Excel

These are 1 hour FOUR player clinics which can be dedicated to either singles or doubles. Organize a group and watch your game Excel! Select 4 to 6 friends and rotate weekly.

\$25/person



tennis # 303 494-0410

main # 303 494-5069

2011/12 ADULT PROGRAMMING

Adult QuickStart

New to the game or just coming back? QuickStart is for you! This is a six week progression which will get you the confidence and knowledge base for a fun and successful tennis game. QuickStart has three levels Q, IQ and AQ. Four player minimum required per class for price points below.



- Session 1:** Nov 5 – Dec 12
- Session 2:** Jan 7 – Feb 13
- Session 3:** Feb 18 – Mar 26
- Session 4:** Mar 31 – May 7
- Session 5:** May 12 – June 18

Q – BEGINNER

Start from phase one and build a proper foundation. Learn the proper grip and stroke form for hitting forehands, backhands, volleys & serves.

Mon or Sat: 9 – 10a

Price \$99/session

IQ – INTERMEDIATE/BEGINNER

The sequel to Q. Already have a tennis background? Jump in here. Continue to learn the basic fundamentals of tennis. Court strategy, placement and shot selection are introduced in a lively & fun atmosphere!

Mon or Sat: 10 – 11:30a

Price \$149/session

AQ – ADVANCED/BEGINNER

Part three of QuickStart Program. Get ready for 2.5 league play!

Mon or Sat: 11:30a – 1p

Price \$149/session

QS MATCH PLAY 101

Incorporate playing matches into your development! Register by the week.

Price \$15/night

Fri: 6 – 7:30p

QuickStart prices are based on 4-player minimums

- 2–**player** registration for all classes is \$149 for 1 hour/week
- 3–**player** registration for Q classes is \$132 for 1 hour/week
- 3–**player** registration for IQ & AQ is \$199 for 1.5 hours/week

you will be notified if less than 4

Weekly Registration

Try these clinics that are week to week. 24 hour online registration required. All these classes are offered for all levels.

POWER LUNCH DRILL

Price \$16/class

Hit a lot of tennis balls, get in shape & have FUN! Come with a towel!

Mon: Noon – 1p

SUNDAY TARGET CLINIC

Price \$22/class

Learn how the 3 aspects of “Target Tennis” can improve your game.

Sun: 2 – 3:30p

CARDIO DRILLS

Price \$16/class

Sick of the treadmill? Try this non-stop Cardio class & get fit to music. It’s a great way to burn calories!

Mon: 6 – 7a or Fri: 9 – 10a

Four week Registration

You are committing to four weeks of progression instruction. Topics to include footwork, stroke technique, strategies & patterns. Drop-in’s accepted if class not full. Must have published NTRP of level.

Price \$99/Session

Session 1: Nov 1 – Nov 24

Session 5: Mar 6 – Mar 29

Session 2*: Nov 29 – Dec 15

Session 6: Apr 3 – Apr 26

Session 3: Jan 10 – Feb 2

Session 7: May 1 – May 24

Session 4: Feb 7 – Mar 1

NTRP DAY TRAINING CLINICS 10:30a – Noon

Tue: 4.0 **Wed** (ct 4): 3.0 **Wed** (ct 3): 3.5 **Thu:** 4.5

*This is a 3–week session **Price \$75/Session**

Clinic/Drill Policy

Clinics require at least 24 hour sign-up AND 4 player minimums. Should your schedule open up last minute, feel free to see if there is availability. To guarantee your spot pre-register. Clinics with no sign-ups may be cancelled the day prior.

Clinics that do not reach the minimum participation of 4, may not be canceled. Price & length maybe adjusted according to participation numbers.
3 players \$25ea / 2 players \$30ea / 1 player \$55 (all 1 hour in duration)